**Nano/micro ring aftercare sheet**

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| C:\Users\user\AppData\Local\Microsoft\Windows\INetCache\IE\WZG2YLXS\20100109011714!Zzz[1].jpgTo prevent your hair extensions knotting when you sleep, either plait or tie them back. | When brushing, start at the mid-lengths of your hair making sure you hold each section when you are brushing down.  Do not brush too hard this can cause damage to your hair. | C:\Users\user\AppData\Local\Microsoft\Windows\INetCache\IE\WZG2YLXS\220px-Das_Bett[1].jpg  Never go bed with your hair extensions wet/damp as it can cause them to smell. | C:\Users\user\AppData\Local\Microsoft\Windows\INetCache\IE\PW3H7CB2\142650391[1].jpg  Avoid chlorine and sea water on your hair extensions. This can cause them to go dry. Tie them up. |
| C:\Users\user\AppData\Local\Microsoft\Windows\INetCache\IE\PW3H7CB2\stock-vector-vector-hand-drawn-water-drops-black-sketch-on-white-background-168048464[1].jpg  Only wash the extensions a maximum of 2-3 times a week. Use dry shampoo if needed. | Image result for black and white shampoo bottle animationTry and use a sulphate free shampoo and conditioner. Conditioner must only be applied to mid-lengths and ends of extensions. | Make sure you use heat protector and serum on the extensions daily to make sure they are protected and get the moisture they need. | Image result for hair dryer clip Art  Dry the roots thoroughly first then hand-dry the hair with a hairdryer. Try not to pull to excessively on the extensions. |
| Image result for straightners clip Art  The hair is 100% human hair which means you can straighten, curl and style with heat. | Image result for black sun clip Art  Sunbeds and the sun can leave your hair dry, make sure the hair is wrapped up and use argon oil and condoning treatments. | A human head loses up to 70-100 hairs per day; don’t panic when you see hair coming out when maintenance is being done. This is natural shredding of the hair when the extensions have been in. | Image result for scissors clip Art  Make sure you attend to your maintenance appointment every 6 weeks. |
| Image result for hair bands clip Art  Try not to wear your hair up too tight for the first 2 weeks as it can cause discomfort and breakage because of them just being applied. | When washing the hair extensions, brush beforehand and the head must be tilted backwards letting the hair run down. Don’t be surprised with the extra weight when washing your hair extensions, this is normal. | Image result for calender clip art  You can expect to lose up to 20 extensions in between maintenances. | Image result for hairdresser clip art  Don’t hesitate to ask us questions, we are here to help. |